



## **XXXIII SELL STUDENT GAMES**

### **Regulation**

### **POWERLIFTING**

**19.05. - 20.05.2017.**

#### **1. Place, time and schedule**

- 1.1. XXXIII SELL Student Games Powerlifting competition will take place on Saturday, 20 May 2017  
in Riga Stradins University sports club F. Brīvzemnieka Street 24
- 1.2. Weigh-in – 08:00-09:30
- 1.3. Beginning of the competition – 10:00
- 1.4. Details of the daily schedule will be published later, after final nominations deadline.

#### **2. Management and contacts:**

- 2.1. Meet director – Andrejs Rozlapa, t. +371 26536984, e. [andrejs@sp.lv](mailto:andrejs@sp.lv)
- 2.2. Chief referee – Andrejs Rozlapa (International Referee Category II) ,  
t. +371 26536984, e. [andrejs@sp.lv](mailto:andrejs@sp.lv)
- 2.3. Chief secretary – Martins Kruze, t. +371 27859586, e. [projekti@sp.lv](mailto:projekti@sp.lv)

#### **3. Competition rules:**

- 3.1. Competition is open to students and graduates under XXXIII SELL Student Games general regulations
- 3.2. The competitions will be held according to international IPF classical Powerlifting (raw) rules in the following weight categories:
  - WOMEN: -57 kg; -63 kg; +63 kg
  - MEN: -66 kg; -74 kg; -83 kg, -93 kg, -105 kg; -120 kg; +120 kg
- 3.3. The competition is included in the IPF International competition calendar
- 3.4. In one weight category not more than two athletes from one team.
- 3.5. Not more than 10 participants from one team.

#### **4. Awards:**

- 4.1. In every weight category top three (3) participants are awarded with diplomas and medals by the result of lifted kilograms.
- 4.2. Also in both women and men categories top three (3) best participant by Wilks points is awarded with trophies and / or prizes.

#### **5. Other rules:**

- 5.1. The participants must have the appropriate insurance to cover travel and participation as it is not the responsibility of the organiser. The organiser will insure the first aid at the competition venues for all the accredited participants.
- 5.2. Participants must be ready for doping control.